





Kinematics = study of
classical mechanics which describes the
motion of points, bodies (objects) and
systems of bodies (groups of objects)
without consideration of the
causes of motion

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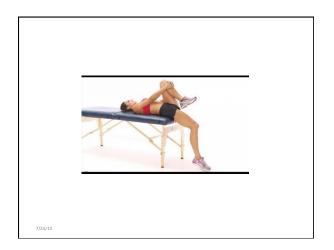
Kinema "movement, motion"

Kinein "to move"

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## JMD = Joint Mobility Dysfunction

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## **TED =**Tissue Extensibility Dysfunction

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## Pathological End Feels - JMD

- Arthritis
- Arthrosis
- Ligament
- Capsule
- Bursa
- Meniscus
- Foreign body
- Subluxation
- Dislocation
- Compression fracture of spine

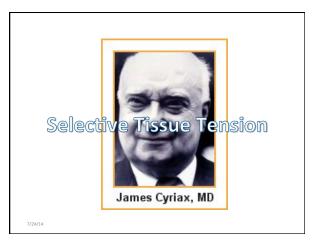
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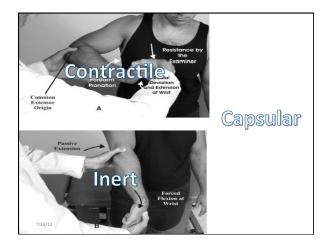
## Pathological End Feels - TED

- Contractile or non contractile
- ie: Dural tension, protective guarding or spasm

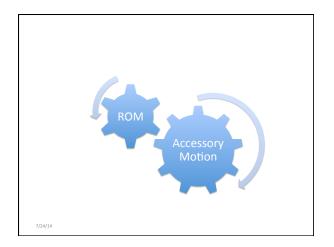
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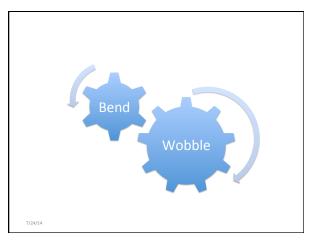


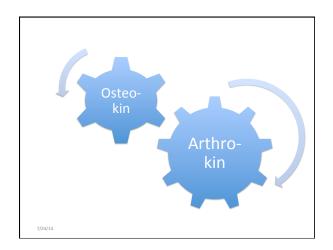




Capsular
Spasm
Tissue Approximation
Springy Block
Bone to Bone
Empty









- 1. If there are No identifiable arthrokinematic limits or minimal limits
- 2. Usually accompanied by muscle guarding or abnormal tone
- 3. Can be non-contractile but rarely is it necessary to separate the treatment

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If no arthrokinematic limits then it's <a href="NOT">NOT</a> a JMD



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If we have arthrokinematic limits, then it can be **JMD or TED or BOTH** 

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- 1. Arthrokinematic treatment changes muscle guarding and tone in a measureable way
- 2. Arthrokinematic response to osteokinematic treatment is limited, temporary, or incomplete

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